POWERMAX

Slingshot Pro
Product Specifications

The Slingshot Pro builds explosive starts, quicker lateral movement, and stronger jumps by conditioning the body to overcome added resistance - training to recruit and fire more muscle fibers so you can blast out of the blocks with power and speed.

How to Use

Start by fastening the tail 1”-2” onto the main assembly to get a baseline of your athlete’s abilities. Slowly adjust resistance by increasing Velcro activation

Resistance Settings

More Velcro Activation = Heavy Resistance
Less Velcro Activation = Light Resistance

WARNING: This product can expose you to Titanium Dioxide, which is known to the State of California to cause cancer. For more information go to www.p65warnings.ca.gov

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